



Putting children, young people  
and families first



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LOTTERY FUNDED



## How to book your place

Parent Power courses are free and open to all who wish to attend.

Courses and workshops can be booked along with free childcare places by emailing [support@thechildrenscentre.org.im](mailto:support@thechildrenscentre.org.im) or call 800000

## The Support Team

Our Support team have many years experience helping families with children and young people displaying challenging behaviours.

The team are qualified and experienced in delivering the full Parent Power Programme.



## Parent Power 2019



## Open Access Parenting Courses



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# Parent Power

<u>Date</u>	<u>Course Name</u>	<u>Venue</u>	<u>Time</u>	<u>Crèche Available</u>
Tuesday 22nd January—Tuesday 2nd April 2019	10 week Solihull Approach Course. Understanding your child.	The Children's Centre Community Farm	10am - 12 Noon	Yes
Tuesday 23rd April— Tuesday 11th June 2019	Triple P Positive Parenting Programme.	The Children's Centre Community Farm	6.00pm - 8.00pm	No
Friday 8th March and Friday 15th March 2019	Separation and Divorce A Child's View. 2 part workshop.	The Children's Centre Community Farm	10am - 12 Noon	Yes
Saturday 2nd March 2019	Parenting Teens	The Children's Centre Community Farm	10am - 4pm	No
Wednesday 8th May 2019	Let's Play! Why play is important.	The Children's Centre Community Farm	10am - 12 Noon	Yes
Wednesday 19th June 2019	Sleep Workshop Focussing on babies and young children.	The Children's Centre Community Farm	10pm - 12 Noon	Yes
Wednesday 10th July 2019	Emotional Wellbeing Workshop	The Children's Centre Community Farm	10am - 12 Noon	Yes